Share-it: A toolkit to estimate, communicate and improve sustainability impacts of food sharing in cities

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Transformative Metrics Workshop

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A Sustainable Food System

Sustainable food is

Ecologically responsible

Low greenhouse gas emissions

Soil and water quality is maintained or improved

Livestock are treated humanely

Biodiversity and ecosystems are protected and preserved

Fair and accessible

Farmers, fishers & food workers have a livable income

People live with dignity in sustainable rural communities

All people have access to a basic, affordable, nutritious diet

Promotes justice and fair trade in countries in the global south

Local

Sustainable eating for a better world

Healthy food is a key foundation for healthy humans

No waste

Minimizes food miles traveled and greenhouse gas emissions

Packaging and waste kept out of landfills

Healthy

Supports local farms, fishers, producers, businesses and community development

Local farmers market

Provides high quality and freshness

Co-op

County landfill

Sustainable
Urban Food

…current food systems are being challenged to provide permanent and reliable access to adequate, safe, local, diversified, fair, healthy and nutrient rich food for all …cities which host over half the world population have a strategic role to play in developing sustainable food systems and promoting healthy diets...

Milan Urban Food Policy Pact
Urban Food Sharing

Growing food together

Eating food together

Re-distribute excess food
Sustainability Impact Reporting for Food sharers

- COMMUNICATE: Raise awareness
- FUNDING: Strengthen applications
- PLAN: a more resilient future!
SHARE-IT Toolkit

Toolshed
Creates a sustainability impact report that illustrate social, economic and environmental impacts.

Talent Garden
Share stories about their activities and impacts

Greenhouse
Connect with others around the world to share experiences and learn from each other.
Why SHARE-IT?

**Toolshed**
- Free!
- User friendly
- Qualitative & Quantitative

**Talent Garden**
- Collate impacts that can’t be measured in the toolshed
- Photos, anecdotes, reports

**Greenhouse**
- Translocal empowerment
- Connecting local groups facing similar challenges
### SHARE-IT Impact Areas

<table>
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<th>Environment</th>
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<th>Economic</th>
<th>Governance</th>
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<td>Accessibility</td>
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<td>Waste</td>
<td>Community</td>
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34 questions with quantitative and/or qualitative answers
SHARE-IT Output report

GOALS AND ACTIVITIES

Goals: A space for Ballymun residents to grow food, socialise and develop their skills together.

Activities: Growing Food, Shared Cooking/Eating, Educational.

3092 participants showed increased appreciation of other groups in their community.

15460 portions of fruit & vegetables distributed to participants.

Our key areas of significant impact are:

- Increased access to and consumption of fruit and vegetables.
- Maintaining and improving soil quality.
- Sharing knowledge and good practice.
Our Strategic Goals

Accessible to all food sharers

Sustainability Reporting

Policies and funding that maximise the impacts of food sharing
Our Interim Goals
Technical Upgrades

More editing flexibility

Improve the report design

Launch the greenhouse!
Interim Accessibility Upgrade

One to one virtual support

New video tutorials

Updated reading materials and user guide
Next Steps

Create contact databases

Invite & Support

Gather feedback

Consolidate & Plan
Output: Full report of

Overall Functionality

Costs of user support

Usability of the tool

Usability of the reports

Input from 50+ food sharers

Input from 50+ policymakers and funders
Evidence

Proof of concept
Proof of concept

Evidence

Upgrade and Sustain
An invitation to you!

Share-it was created through collaboration and input from multiple stakeholders like you.

If you have any contacts in your network that could test the usability of the share-it tool or the share-it reports, I would be delighted to hear from you!

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Gracias!

Website: www.shareit.sharecity.ie/

Instagram: @share_it_toolkit

Twitter: @ShareCityIre